

STaR Family Support

At STaR we recognise that having a child with a disability impacts on the whole family unit in many ways.

The STaR Family Support program provides a variety of support and information to STaR families and the general community. This support is provided on a “needs & wants” basis and is very flexible. It is our aim not to encroach or impose on families but to assist them to understand, cope with and manage their child’s disabilities and the implications for the whole family.

We do this through:

- Providing 1:1 support as requested, to assist with information, transition to school, attending appointments, talking through issues and dilemmas or celebrating achievements that are not always recognised by the people around you!
- Offering families access to extensive, up-to-date and relevant information and resources. These can be accessed via our website, newsletter or simply by phoning our head office.
- Conducting a variety of practical and targeted carer information sessions and workshops throughout the year. Both STaR and non-STaR families are welcome to attend. Some of the topics include:
 - School choices
 - Managing your child’s behaviour
 - Acceptance of difference
 - Shared book reading
 - Communication

We are here to help our STaR families as much as possible. STaR staff are experienced and qualified in special education and family support. If you need help with information, transition to school, are interested in attending our courses, have dilemmas you would like to discuss or are simply having a bad day, please don’t hesitate to contact us by phone or email.

For more information contact

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